

Creating **Confident** Communicators

Trish Springsteen

Speaker profile



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With Trish Springsteen we guarantee that you will be

...inspired, motivated, enlightened and entertained

Trish Springsteen is Australia's Leading Expert in Empowering Introverts, a Multi-International Award Winning Speaker Mentor, International Bestselling Author and Radio Host who is on a mission to provide the confidence and structure to make speaking easy.

Having personally experienced the fear of public speaking and being lost for words when facing questions and missing opportunities; Trish is passionate about helping others conquer their fear of speaking and communication. Trish believes enhanced speaking skills allow you to be prepared to grab opportunities effectively, coherently and competently. Trish is a member of Women's Network of Australia, Business and Professional Women (BPW), Motivational Speakers Australia and Women Speakers Association. Trish has spoken on national and international stages and she has written and presented a variety of training packages for industry bodies and private companies.

Trish has been a Keynote speaker and MC for events, gala dinners and conferences. Her speaking events include Griffith University Post Graduates, Women's Network Australia, Australian Institute of Office Professionals, Women in Business Expo, Community Young Africans Living Abroad, Byron Bay International Women's Day

and at the HydroKleen National Conference, Executive Assistant Network Conference, International Medical Recruitment Conference and National Laundry Conference in Sydney.

In addition to being awarded 2018 BPW Northlakes Inspirational Woman Award, Gold Winner 2016 Women World Awards Woman of the Year – Mentor or Coach and Bronze winner in the Female Entrepreneur of the year, Trish was awarded the National Edupreneur 2015 Award in the Professional Speaking Category. Trish was a Finalist in the 2018 and 2016 Australian Small Business Champion Awards and has been awarded Top 50 Public Speaking Blog.

What can I say about Trish? She is one of the best trainers I have had the privilege to work with. Trish has been a main speaker at several of our events and I have also been trained in Public Speaking by her. What used to nearly kill me is now something I really love and enjoy and that is getting in front of a crowd to talk! If you had of told me that a year or two ago I would have thought you crazy. Trish has a great and relaxed way of getting you to communicate your business to others. Something we all need. Make sure you give her a call today if you want to learn how to get up if front of a crowd and enjoy every minute of it.

Effective Communication is imperative in business today and it's no excuse to not be an effective communicator especially if you are in a position of leadership.

Vicki Jesnoewski

Founder Director ConnectWorking

Trish is an expert in her field and an informative guest speaker. She connects well with an audience and is generous with sharing tips and techniques. She trains in many areas however it was on the subject of 'How to Become Proficient at Public Speaking' that we invited Trish to address our recent Networking Luncheon in Hobart. I would have no hesitation in recommending Trish to anyone seeking to train and develop the skills of their staff.

Lynette Palmen

*AM Founder and Managing Director
Womens Network Australia*

Great style of speaking with humour while communicating a clear message.

Executive Assistant Network Conference

Trish was very engaging and excellent at conveying the required information.

Daniel Devaprakash

Griffith University Post Graduates

Trish Springsteen

Australia's Multi-International Award Winning Public Speaking/Communication Mentor

Trish Springsteen is a professional speaker and author of many articles and books on the importance of effective communication for business, and is a recognised expert in the field of speaking and communication training.

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www.trishspringsteen.com

Companies Trish has worked with

Trish has brought improved speaking, presentation and communication skills to:

Crosbie Warren Sinclair
IQ Business Group
Aurecon
Rio Tinto Alcan
James Hardy
Jones Lang LaSalle
CS Energy
Sentis

Australia Post
Alspec
Amway
Siganto & Stacey
Nokia
Randstad
Australian Red Cross
Montrose Access

Topics Trish Speaks on

Trish speaks on:

Believe Act Share - Leverage your Business with Speaking
Becoming an Influencer
Effective Communication in the Boardroom
Public Speaking the Key to Success in Business
Mastering the Art of Conversation
60 Seconds of Insane Bravery – Getting Up to Speak
Speaking for Success
Communication for Leadership
Are You Leaving Money on the Table in Your Business?
Find Your Story – Repurpose and Leverage
Speaking as an Advocate for Your Business
Power of Positive Thinking for Success
Networking Effectively
Speaking with the Power of an Introvert
Finding Your Voice – Presenting with Clarity & Confidence
Mentoring
Communicating Your Brand with Passion
Unleashing the Message in Your Book

Contact Trish to discuss other topics that may suit your event, meeting, conference or organisation.

I recommend this speaker highly; not only did she give me confidence in myself; but really convinced me I am capable of handling that impromptu question.

Sarah Reith
The IQ Business Group

Her poise, the energy and passion with which she delivered the presentation was infectious. I love that she was able to connect with us the audience.

Pamela Wani
Community Young Africans Living Abroad

Websites

Trischel Corporate
www.trischel.com.au

Speaker / MC / Mentor
www.trishspringsteen.com

Blogs

Trischel www.trishspringsteen.com/blog/

Facebook pages

www.facebook.com/Trischel
www.facebook.com/trishspringsteenspeaking
www.facebook.com/WorkShopsforWomen

Youtube Channel

<http://bit.ly/TrishTalks>

LinkedIn

Trish au.linkedin.com/in/trishspringsteen/
Trischel <http://www.linkedin.com/company/trischel>

Pinterest

<http://pinterest.com/trishtrischel/>

Instagram

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